



ABSTRACT AND BIOGRAPHY

Spirituality and Project Management

Is there way to enjoy and have fun while you move on the journey of the project? Is there a better way to make sense out of the situations to see significance? How are Project management, Passion and Spirituality related? Many believe that passion is what drives the project to success.

Abraham Maslow quotes "Dispassionate objectivity is itself a passion, for the real and truth".

How does one develop dispassionate objectivity? Spirituality teaches dispassion, that dispassion which connects us to every object without attachment. A number of processes, methodologies, and techniques are defined and documented on Personal Competencies/Soft Skills for project managers. However the key is to take a step back and understand the big picture. Detach and rejoice to bring the best out of the people and the situation, in order to have a successful journey of the project without hang ups.

The secret is to go beyond and unfold, when this happens we enjoy the journey of project and life in fullness, both in ourselves and in others. Projects are in tune with the Spirit of Life, this paper discusses some of the practical aspects from spirituality that are adopted and can be adopted for successful execution of project.

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Ms Rekha Anil Heads the Aero Space Program Management Group at Honeywell Technology Solution, Bangalore. She is responsible for providing direction for managing some of the critical program and program performance. In her role she also responsible for implementing the PM practices and improve the PM competency across the aero space business in Honeywell Technology Solution, Bangalore

She has been in industry for 18years. Prior to Honeywell, She was working for GE and Bosch in numerous capabilities such as engineering manager, new product development manager.

She has published papers in some of the international conferences and PMI conference.

She is Certified Project Management Professional (PMP), Certified PRINCE2 practitioner and Six sigma green belt certified.

She is also the Director of New Programs at Project management Institute (PMI) Bangalore Chapter.



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